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**Camp Gan Israel
COVID-19
Parent Handbook Supplement**



How will Camp Gan Israel be different this summer?

**COVID-19 Prevention Plan
For all Staff, Campers, Parents and Visitors**

**Safety First! While we are excited to offer day camp,
We continue to place safety as our primary concern.**

**Please read this carefully to prepare yourself
for the safety protocol.**

Prepared under the guidelines of:
The County of Wake County Public Health Department
and
Chabad of the Carolinas

Updated June 8, 2020

Camp Gan Israel Raleigh COVID-19 Quick Resource Guide:

- Your staff are trained to keep camp safe and fun. You're in great hands at CGI!
- Our camp day will be from 9:30-3:00. No before/after care. No trips scheduled as of now.
- Come to Camp healthy. If you are not feeling well, stay home. We'll check your temperature in the AM.
- Staff (& Campers in certain circumstances) are encouraged to wear a mask and/or face shield.
- Share less, disinfect when you need to.
- We'll be outdoors as much as practical.
- Wash hands often.
- Each bunk will have fun as a unit. No big camp activities planned.
- Stay 6 feet away from others not in your bunk.

There's more... Keep reading!



1. General Measures

- Camp Gan Israel continues to stay current with the ever-changing health environment by continuing to:
 - o Be in contact with the Public Health Department of the County of Wake County to monitor local conditions.
 - o Regularly review updated guidance from state agencies, including the [North Carolina Department of Public Health](#).
 - o Update and receive guidance from the Camp Gan Israel Medical and Safety committees.
 - o Review and implement recommendations from the American Camp Association.
 - o Review and implement recommendations from Chabad of the Carolinas.
- CGI is a branch of Chabad of Raleigh who are also following the guidance presented here in their use of the facility.
- CGI has a plan for the possibility of repeated closures, G-d forbid, if persons associated with the facility or in the community become ill with COVID- 19.
- The more people a camper or staff member interacts with and the longer that interaction, the higher the risk of COVID-19 spread. To this end, CGI will limit both the number of people each camper and staff member interacts with, as well as the amount of time of those interactions. Whenever possible, individuals will be outdoors, and socially distanced from each other. (being cognizant of the Carolina summer conditions) Please read the guidelines below for the specifics of this plan.



2. Promote Healthy Hygiene Practices

- Staff, campers and their families need to stay home if they have symptoms of COVID-19, or have recently had a close contact with a person with COVID-19. They may return to camp after 72 hours of no symptoms, or with a negative COVID-19 test. (A Doctor's note confirming either may be required).

Symptoms include, but are not limited to:

- o Fever or chills
 - o Cough
 - o Shortness of breath or difficulty breathing
 - o New loss of taste or smell
 - o Sore throat
 - o Nausea, vomiting, or Diarrhea
- Campers and Staff are taught and reminded about [washing hands](#), avoiding [contact with one's eyes, nose, and mouth](#), and [covering coughs and sneezes](#). We teach campers and staff to:
 - o Use tissues to wipe their nose and to cough/sneeze inside a tissue or their elbow.
 - o Wash their hands before and after eating; after coughing or sneezing; after being outside; and before and after using the restroom.
 - o Campers and staff should wash their hands for 20 seconds with soap, rubbing thoroughly after application, and use paper towels (or single-use cloth towels) to dry hands thoroughly.
 - o Staff should model and practice handwashing. For example, for younger campers, use bathroom time as an opportunity to reinforce healthy habits and monitor proper handwashing.
 - o Campers and staff should use hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers.
 - o Children under age 9 should use hand sanitizer under adult supervision. Call Poison Control if consumed: 1-800-222-1222.
 - o Camp schedule is designed with a 5 minute hand washing and sanitizing break in between each program time.
 - o Cloth face coverings are encouraged for staff and campers, especially when full measure physical distancing is not practicable (within their bunk - e.g. hands on projects that need a bit more guidance).

- o The oldest bunk may be required to wear a face mask and/or shield whenever indoors.
- o Campers are encouraged to use cloth face coverings and/or face shields.
- o Camp staff and campers should be frequently reminded not to touch the face covering and to [wash their hands](#) frequently.
- o Signs are posted to educate staff and campers on the [proper use, removal and washing of cloth face coverings](#).



3. How will Bunks increase safety?

Every effort will be made to use supplies and program areas that do not need to be shared.

- o Each bunk will have it's "home base" where they will conduct activities.
- o Each camper will have a cubby or "box" to store their personal equipment.
- o Water fountain is closed. Disposable water bottles and disposable cups are provided.
- Staff will [clean and disinfect](#) frequently touched surfaces at camp and on all at least daily, and, as practicable, frequently throughout the day by trained custodial staff.
- Frequently touched surfaces in the camp include, but are not limited to:
 - o Door handles
 - o Light switches
 - o Sink handles
 - o Bathroom surfaces
 - o Tables
- Limit use of shared playground equipment in favor of physical activities that require less contact with surfaces.
- Limit sharing of objects and equipment, such as toys, games and art supplies, to the extent practicable. But where allowed, clean and disinfect between uses.
- There will be physical guides, such as tape on floors or sidewalks and signs on walls, to ensure that camp staff and campers remain at least 6 feet apart in lines

and at other times.



4. Implementing Distancing

ARRIVAL AND DEPARTURE

- CGI can only accept 12 children per age group, with a maximum of 36 children during any session to enable us to maintain physical distancing.
- Arrival procedures:
 - o Parents upon arrival will be greeted by a staff member.
 - o Parents park in the parking lot, but remain in their cars. Only campers exit the car.
 - o Staff member wearing a mask greets the camper and asks parents through the open window/door to confirm the camper is symptom free from [COVID-19 symptoms](#) within the last 24 hours and whether anyone in their home has had COVID-19 symptoms or a positive test.
 - o A temperature is taken of each camper with a no-touch thermometer. If temperature is below 100.4 and the camper is symptom free, the staff member informs the parent that they may leave.
 - o Staff member checks in the camper on a clipboard and records temperature reading.
 - o Hand sanitizer is available at the check in location, at each bunk's "home base" and in the bathrooms.
 - o Any child, parent, caregiver or staff showing symptoms of COVID-19 may not come to camp. Please indicate on your child's health history form if the child has a history of allergies, which would not be a reason to exclude.
 - o Staff and campers will be monitored throughout the day for signs of illness; Campers and staff with a fever of 100.4 degrees or higher, cough or other [COVID-19 symptoms](#) will be sent home. Parents should be available to pick up campers within 30 minutes if necessary.
 - o Campers go straight to their bunks "home base" to avoid intermingling of bunks.
 - o Should the camp go on a trip. Open windows, and maximize space between campers and the driver on transport vehicles where possible. Drivers, staff and campers are required to wear masks and other recommended PPE while transporting campers.



RECREATIONAL SPACE

- Campers should remain in the same space and in groups as small and consistent as practicable. Keep the same campers and staff with each group.
- CGI will establish separation of campers who are not siblings through every means practical, for example, six feet between seats, markings on floors to promote distancing, and arranging seating in a way that minimizes face-to-face contact.
- Activities have been selected that work for smaller groups, and where sharing equipment is usually not necessary. Our room setup has been rearranged to allow for separation. Activities will be held outdoors as often as practical.
- Campers will be oriented to new social distancing guidelines in a developmentally appropriate manner.
- During camp hours the camp will be closed to any non-essential visitors. All visitors will be screened at the front of camp for symptoms, temperature check. Only essential visitors will be allowed in camp, and every effort will be made to maintain social distancing. Masks are required and provided for all visitors.

MEALS

- Campers bring their own pre-packaged lunches in disposable lunch bags. Lunch will be eaten in each bunk's "Home Base", with campers seated 6 ft. apart, not in a communal lunch room. Disposable lunch bags will be kept in the camper's "box" and discarded at the end of each day if not taken home.
- Use disposable food service items (e.g., utensils and plates). If disposable items are not feasible, ensure that all non-disposable food service items are handled with gloves and washed with dish soap and hot water or in a dishwasher. Individuals should wash their hands after removing their gloves or after directly handling used food service items.
- Snacks will be a fruit or an individually wrapped item.



5. Limit Sharing

- Keep each camper's belongings separated and in individually labeled storage containers, cubbies or areas. Ensure belongings are taken home each day to be cleaned and disinfected.
- Ensure adequate supplies to minimize sharing of high-touch materials (art supplies, equipment, etc.) to the extent practicable, or limit use of supplies and equipment to one group of children at a time and clean and disinfect between uses.
- Avoid sharing electronic devices, clothing, toys, books, and other games or

learning aids as much as practicable. Disinfect in between uses as often as practical.



6. Train All Staff and Families

Train all camp staff and families in the following safety actions:

- o Enhanced sanitation practices
- o Physical distancing guidelines and their importance
 - [Proper use, removal and washing of cloth face coverings.](#)
- o Screening practices
- o COVID-19 specific [exclusion criteria](#)
- o Rabbi Mendy Wilschanski is responsible for responding to COVID-19 concerns. He can be contacted on his cell phone 917-406-6826 or at rabbimendy@jewishraleigh.org



7. Plan for When a Staff Member, Child or Visitor Becomes Sick

- Behind the social hall by the back entrance is our isolation area to separate anyone who exhibits symptoms of COVID-19.
- Any campers or staff exhibiting symptoms must immediately wear a face covering and wait in the area behind the social hall until they can be transported home.
- For serious injury or illness, call 9-1-1 without delay. Seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face. Call the Camp Director as soon as you confirm that EMS are on the way.
- Rabbi Mendy Wilschanski will notify local health officials, staff, and all families immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws.
- Any areas used by any sick person must be immediately closed and not used before cleaning and disinfection. To reduce risk of exposure, wait 24 hours, or as long as practical, before you [clean and disinfect](#) as per procedures above.
- Advise sick staff members and campers not to return until they have met CDC criteria to discontinue [home isolation](#), including 3 days with no fever, symptoms

have improved and 10 days since symptoms first appeared.

- Campers are encouraged to not attend other programs during their Camp Gan Israel attendance to further reduce the number of people interacting with our camp population.



8. Maintain Healthy Operations

- All illnesses and symptoms among your camp staff and campers will be recorded in the Camp Health Log to help isolate them promptly.
- Rabbi Mendy Wilschanski is the staff liaison for responding to COVID-19 concerns. He can be contacted on his cell phone 917-406-6826 or at rabbimendy@jewishraleigh.org
- Parents and staff can self-report symptoms and illness to Rabbi Mendy Wilschanski. Parents will be notified by email and text message if their child has been exposed to COVID-19 G-d forbid at CGI. Confidentiality of the identity of campers and staff will, of course, be strictly maintained.
- Please be advised that CGI will continue to follow the guidance of the Public Health Department of Wake County and follow their recommendations regarding future closures or updated policies or procedures. These policies and/or closures may happen with little or no notice.

Looking forward to an amazing summer with your child!